## Hello ISC Fam!

Lot's of info and resources packed in to this update! As I am sure you all are, I am excited to hear the Governor's detailed plan for the phased approach to re-opening the state during his press conference on Monday. We will be watching closely during phase 1 and will continue to follow the guidance from our health officials and our governing bodies regarding return to play. Although I do not yet have any specific details to share regarding the club's re-opening, we anticipate that tomorrow's briefing will help us prepare our plan for resuming soccer activities. I also anticipate that our plan will also include a phased approach. And for now, we forge ahead together virtually!

## Week 6 GUIDED ACTIVITY PLAN (GAP) + GK Specific GAP:

- <u>U13-U19 GAP linked here for the Week of April 27-May 3</u>
  - o Click for Printer Friendlier Version − 2 slides per page
- U9-12 GAP linked here for the Week of April 27-May 3
  - o Click for Printer Friendlier Version − 2 slides per page

What we've been up to: in addition to creating new content for your weekly GAP sessions, your coaches have been busy planning for additional ways to reach out to you and provide addition virtual services.

- Upcoming Parent Meetings: We are planning for and will be holding parent meeting all age groups during the next 2-3 weeks. We will discuss summer and fall planning as well as providing a forum for you to ask questions! If there is something on your mind, please reach out to me and send me your questions via TM or email *prior to* the meetings. Additional age-group specific details will be shared on our TeamManager App.
- Guest Speakers & Mentoring: We have such a rich history and culture of not only good players, but more importantly GOOD PEOPLE coming through and developing through our program... as such, we have reached out to some of our Alumni who are current NWSL professionals and current college student-athletes and they have agreed to spend time with our teams over the next couple of weeks. Be on the lookout for schedule announcements ... each team will have a chance to interact with at least one of our featured Alumni! Also, in the last couple weeks we have had some of our U15s leading virtual meetings with our U9-12s... great questions and conversations. We are also launching our Goalkeeper mentoring program this week and will be adding more mentoring opportunities in the coming weeks. First up on the Alumni Schedule is Taylor Leach read more about her story here



Alumni Network: We are excited to announce the establishment of the Internationals Alumni76 network! The network will be a way for former players to reconnect and highlight what they are doing today. Additionally, the program will provide a resource for current players to assist them in their college and career searches. We have quite a few alumni who are current club parents ... please fill out the questionnaire and share with any other alumni that you are in contact with! If you are the family member, former teammate of an alumni or if you know of one - Please share our <a href="ISC Alumni guestionnaire">ISC Alumni guestionnaire</a> ... We are hoping to reach as many alumni as possible!



College Recruiting Corner: By Monday, we will have a new College Recruiting
Corner on our virtual training page. Check here for the latest news, updates and tips
regrading college recruiting during the COVID-19 suspension. Our first share includes

an update from the NCAA Eligibility Center and the ECNL's 11 Tips on Communication with College Coaches .

- Player-Centered Webinars: There are some very good online resources/webinars being hosted by various organizations free of charge. There are many good player-centered topics addressed: college recruiting, sports psychology, goalkeeping, leadership, time management, individual training, Q&A with former Professional and National Team players, etc. We encourage players and parents look through the topics and pick a few that resonate with you what are you curious about? What would you like to learn more about? Visit the links below to browse the topic listings & learn something new today!
  - US Club Soccer Player's First
  - o Ohio North Youth Soccer Association
  - AmericaScores United Coaches Summit
  - o SportsRecruits
- Senior Spotlight: Throughout the month of May, we will be featuring our Senior Class of 2020. Follow our social media channels to learn about and celebrate our amazing Seniors! First up, is Isabella Ceepo... our longest-standing member of 12 years!



## Additional Club Resources:

- Schedule Updates & Additional Club Resources: the only major schedule announcement coming out this week was the PSI Tournament over Memorial Day weekend has officially been cancelled. Visit our virtual training page regularly to keep up to date with all clubwide communications, resources, schedule updates and virtual training info during the COVID-19 restrictions.
- Member's Business Spotlight: If you would like your business to be in the spotlight, please visit our virtual training website to <u>fill out the form!</u> We want this to be a resource for all club members, even beyond the COVID-19 situation. So, **if you have a business or service hat our members could benefit from, please share!**
- Virtual Office Hours: Our coaches are here for you! In addition to our team meetings which will be held periodically based on team needs, you also have the opportunity to connect individually with our coaches and directors. If in need, please sign up for a slot!
- Social Media: reminder to follow us and re-post/share our stories! We are utilizing our social media channels to share club messaging and inspiration internally as well as outside of our club. We have an amazing group of teams, players, families, and coaches and we want to everyone to feel the ISC LOVE! Consider following/subscribing! Even if you don't use the Apps, you can view our content on the web without an account: ISC Twitter; ISC Instagram; ISC Facebook



Be well and be safe, Keri